Neonatal ALF Virtual Consultation

Patient Preparation & Fees

COLLABORATIVE CARE + RESEARCH

What the appointment covers

The appointment will be booked for 45 minutes via Zoom.

The most effective way to work with Neonatal ALF is in person, where we can observe directly and feel the palate. However, this work is more than structural. It is functional and neurological too, which can be revealed through consultation from a distance. Your history and our conversation give us a great deal of information about whether we feel we can help, and about how to move your care along efficiently once you are here.

What to prepare before your appointment

Your baby

- Undressed (diaper only) so we can observe body position and movement
- Awake and alert — please book a time that works with their usual rhythms
- Someone else present with you if you feel you would like a second pair of hands

Video to send ahead or show us live

- Tummy time — current, at whatever stage they are at
- Sitting up
- Crawling or walking, whichever applies
- If your baby is already walking, please be prepared to share their crawling history — army crawl, scooch, hands-and-knees, or anything else you noticed along the way. Older videos showing how they moved are especially helpful.

Records to send in advance

Please send these before your appointment so we can review them and have them in your file:

- Any photos of your baby's mouth, palate, or oral function
- Previous release records, if your baby has had a tethered oral tissue release
- Any relevant reports from other providers

Your setup

- Good lighting — natural light or a bright lamp you can direct where needed
- A good camera — a phone or laptop is fine, but check the picture is clear before we start
- Somewhere you can move around, so we can see baby on the floor
- Gloves, if you have them — we may guide you through feeling your baby's mouth during the appointment

Before you arrive

- Review our neonatal ALF resources — we will send these to you along with your forms
- Complete and sign your intake forms ahead of the appointment

Fees

Situation	Fee
New patients: Consultation (virtual) **Note: This consultation is a 45 minute one on one appointment with Dr. Pada	$450: virtual assessment fee $1050: Neonatal ALF fee (if applicable) Total fees: **$1500**
New or Existing Patient: Assessment (in-clinic)	$190: assessment fee, $1050: Neonatal ALF fee (if applicable) Total Fees: **$1240**
Existing patient: Previous assessment complete, Neonatal ALF Care	$1050 neonatal ALF fee only
Toddler ALF: Assessment	$283.70: Assessment Fee $1850: Toddler ALF fee of if proceeding with care
Toddler ALF: Previous assessment complete, Proceeding with care	$1850 toddler ALF fee only

Questions before your appointment?

Please reach out as we would prefer to answer questions ahead of time and you feel comfortably informed rather than use appointment time to ask preliminary questions.